

DAILY MENU

From Monday to Friday noon 2 pm except on public holidays,
subject to availability.

Dish of the day = 14,50 €

Dish + dessert of the day = 20,50 €

TAPAS

| | |
|---|----------------|
| Board of chicken nems (6 pièces) * | 14,90 € |
| Sweet and sour sauce, romaine salad, mint | |
| Vegetable spring rolls (8 pieces)* | 14,80 € |
| Sweet and sour sauce, romaine lettuce, mint | |
| Guacamole, Tzatziki, tortillas | 12,90 € |
| Vegetable sticks | |
| Plank of cold cuts XL * | 19,90 € |
| Superior white ham VPF, Mortadella AOP, guenine Lyon rosette PDO, smoked Speck ham | |
| Cheese board XL* | 19,90 € |
| Assorted cheese | |
| Mixed cheese board * | 19,90 € |
| Assortment of cold cuts and cheeses | |
| Roast Camembert with honey | 14,00 € |
| Whole sausage to be cut * | 12,00 € |
| Plate of French fries * | 6,50 € |
| Homemade terrine* (toast and gherkins) | 12,00 € |
| Mussels au gratin with parsley butter (9 pieces) | 14,60 € |

* Dishes served continuously from 11 :45 to 22 :30

Alcohol abuse is dangerous for your health, consume in moderation

Origin of the meats E.U-We no longer accept checks

STARTERS OR TO SHARE

| | | |
|---|------|----------------|
| Burgundy snails * | x 6 | 13,80 € |
| in shells nice size | x 12 | 21,80 € |
| Croque-monsieur with truffled ham * | | 16,00 € |
| VPF superior white truffle ham emmental, small market salad | | |
| Suppl egg 1,50 € | | |
| Homemade terrine (toast and gherkins) | | 12,00 € |
| Small Lyonnaise Salad * | | 12,50 € |
| Mixed salad, poached egg, croutons, bacon | | |

SALADS XL

| | | |
|---|--|----------------|
| Lyonnaise Salad Large * | | |
| Mixed salad, poached egg, croutons, bacon | | |
| | | 14,90 € |
| Caesar Salad * | | 16,50 € |
| Romaine salad, anchovies, chicken filet bacon, Parmesan shaving, poached egg, Caesar sauce | | |
| Harmony of vegetables and creamy buratta * | | 15,00 € |
| Red beets and candied carrots, hazelnuts, arugula, hazelnut oil buratta | | |
| Poke Bowl Signature -Salmon or chicken | | 19,00 € |
| Raw salmon or chicken, avocado, pickles red cabbage, cebettes, , kidney beans, cucumbers, radishes pineapple, rice, sweet/savory or savory soy sauce | | |

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HOT MEALS

| | |
|---|-------------------------|
| Oven-roasted Camembert with honey | 19,00 € |
| Smoked cured ham, steamed potatoes | |
| Faux filet of beef (approx. 250 g) | 25,80 € |
| Piece of beef from France, French fries and salad or pan-fried** | |
| > Sauce à part : tartar or green pepper winegrower | |
| Whole duck breast with rosemary | 28,00 € |
| Gratin dauphinois, roasted vegetables, rosemary sauce | |
| Beef tartar* | 180 gr : 19,90 € |
| Classic or César , French fries and salad** | 360 gr : 32,00 € |
| Charolais beef cut with a knife | |
| Burger de l'Espace * | 19,80 € |
| Bun's, minced beef steak, tomato, red onion, cheddar cheese, Mesclun, tartar sauce, gherkins. French fries and salad** | |
| Genuine Lyonnaise andouillette with veal strawberry, AAAAA mustard sauce | 24,00 € |
| Potato gratin | |
| Escalope Milanaise | 25,00 € |
| Veal escalope, penne, tomato sauce | |

** Ratatouille (suppl 3.50 €)

** Gratin dauphinois (suppl 3.50 €)

** Rice pilaf (suppl 2.00 €)

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FISH

| | |
|---|----------------|
| Tartar of salmon with citrus * | 24,00 € |
| Fresh salmon, shallots, chives, citrus fruits, French fries and salad | |
| Pike quenelle with shellfish sauce | 20,50 € |
| Quenelle au gratin, button mushrooms, rice | |
| > 20 minutes of patience | |
| Grilled tuna steack | 26,00 € |
| Grilled tuna, Thai-style sauce, ratatouille | |

** Ratatouille (suppl 3.50 €)

** Gratin dauphinois (suppl 3.50 €)

** Rice pilaf (suppl 2.00 €)

VEGETARIAN MEALS

| | |
|--|----------------|
| Ravioles du Dauphiné * with truffle cream | 19,90 € |
| Poke Bowl Signature * | 16,50 € |
| Avocado, pickles, red cabbage, cebettes, red beans, cucumbers, radishes, rice, pineapple sweet/savoury or savoury soy sauce | |
| Penne Caponata * | 15,50 € |
| Penne, eggplant, zucchini, tomatoes, capers, black olives, basil, parmesan cheese | |

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FROMAGES

| | |
|---|-----------------------|
| Cottage cheese * | 5,80 € |
| Plain or cream or red fruits coulis | |
| St Marcellin * from Mère Richard | half : 5,00 € |
| | whole : 8,50 € |
| Plate of cheeses * | 11,00 € |

DESSERTS

| | |
|---|---------------|
| Pie of the day (According to Chef's inspiration) | 8,00 € |
| Chocolate mousse * | 8,00 € |
| Floating island in the style of Grandmother XL * | 9,50 € |
| Rum baba* | 8,50 € |
| Chocolate fondant with English cream * | 8,00 € |
| Gourmet coffee or tea * | 9,50 € |
| according to the Chef's inspiration (5 pièces) | |

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GLACED CUPS

| | |
|--|---------------|
| Colonel * Lime sorbet (3 scoops), vodka 2cl | 9,80 € |
| Vigneronne * Blackcurrent sorbet (3scoops) Marc de Bourgogne 2cl | 9,80 € |
| Norman * Apple sorbet (3 scoops), Calvados 2 cl | 9,80 € |
| Italienne * Lime sorbet (3 scoops), Limoncello 2cl | 9,80 € |

GLACES OR SORBETS of your choice:

| | |
|--|---------------|
| Lime, blackcurrant, apple, chocolate, coffee, strawberry, pistachio, vanilla | |
| 2 scoops | 6,00 € |
| 3 scoops | 7,50 € |
| > Extra charge for whipped cream | 1,50 € |

CHILDREN'S MENU 14,00 €

Up to 8 years old

Chopped steak + French fries, salad
ou Cordon bleu + fried potatoes, salad
+ 2 boules de glace

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